

TEEN LEADERSHIP PROGRAM

INFORMATION SHEET & APPLICATION

WHAT IS A COUNSELOR IN TRAINING (CIT)?

The Plattsburgh YMCA's Counselor in Training (CIT) program provides an opportunity for driven, young teens to develop their leadership skills while under the mentorship of our highly respected and experienced Camp Counselors and Camp Directors. Those selected to participate in the program learn not only leadership skills but work through practice to develop self-confidence and the values of teamwork, hard work, dedication and responsibility. CIT's get to experience camp as campers but will have the opportunity to act as mentors and learn about how to deliver successful, FUN and educational programming to younger campers. During their commitment (four weeks at least), a successful CIT also develops the skills necessary to become a Camp Counselor in the future.

(*Session 5 is a one week commitment)

OTHER BENEFITS

- 1) Value skills learned for future employment opportunities at the YMCA and elsewhere
- 2) Great experience to use on college and scholarship applications and essays
- 3) Engagement in the community
- 4) Building connections with mentors and other peers
- 5) 50% Camp Jericho discount
- 6) FUN!

REQUIREMENTS

- 7) Must be 15 years of age prior to start date
- 8) Prior camper experience – at least 2 past seasons
- 9) Exemplifies the 4 YMCA Core Values – Respect, Responsibility, Honesty & Caring
- 10) Recommendation from a past Camp Counselor or Camp Director

APPLICATION PROCESS

- 1) Complete the CIT Application (next page)
- 2) Application will be reviewed
- 3) You will be contacted within 3 weeks regarding acceptance status
- 4) If accepted, you will be contacted to complete the Camp Jericho or Tapawingo Registration Form and to complete your payment

If you have questions about the process or about your application, please contact Kris Tate, Chief Operations Officer at 518-561-4290 or at ktate@plattsburghymca.org

COUNSELOR IN TRAINING (CIT) APPLICATION

Name: _____ DOB: _____
Phone: _____ Parent Email: _____@_____

List former Camp Counselors or Directors that we can contact for a recommendation for you?

If selected, which Sessions/s are you interested in Participating in? (please select below)

- Session 1: July 1-12
- Session 2: July 15-26
- Session 3: July 29-Aug 9
- Session 4: Aug. 12-23
- Session 5: Aug. 26-30

How do you hope to benefit from your experience as a CIT?

Please describe special skills you possess or leadership experiences you've had that would be beneficial to you in your role as a CIT?

Describe your past experiences as a camper at Camp Jericho. Also, describe what you might have learned at camp and why you want to have the CIT experience now.

CIT Applicant Signature

Date