



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

PLATTSBURGH YMCA on Oak St—GYM SCHEDULE

MONDAY

5:30am-8:50pm
OPEN BASKETBALL

TUESDAY

5:30am-12:00pm
OPEN BASKETBALL

12:00pm-1:00pm
LUNCHBOX
BASKETBALL

1:30pm-5:00pm
OPEN BASKETBALL

5:00pm-6:00pm
ADAPTIVE FLOOR
HOCKEY PROGRAM

6:00-8:50pm
OPEN BASKETBALL

WEDNESDAY

5:30am-6:45pm
OPEN BASKETBALL

7:00pm-8:00pm
SPECIAL OLYMPICS
PROGRAM

8:10-8:50pm
OPEN BASKETBALL

THURSDAY

5:30am-12:00pm
OPEN BASKETBALL

12:00pm-1:00pm
LUNCHBOX
BASKETBALL

1:30pm-8:50pm
OPEN BASKETBALL

FRIDAY

5:30am-8:50pm
OPEN BASKETBALL

SATURDAY

7:00am-4:50pm
OPEN BASKETBALL

SUNDAY

7:00am-2:45pm
OPEN BASKETBALL

3:00pm-4:10pm
SPECIAL OLYMPICS
PROGRAM

4:10pm-4:50pm
OPEN BASKETBALL

PLEASE REMEMBER:

NO STREET SHOES IN THE GYM
NO FOOD OR DRINKS IN THE GYM
EMERGENCY EXIT DOOR STAYS CLOSED

PLATTSBURGH YMCA
518-561-4290

Y ON THE OVAL
518-536-7463

SCHEDULE EFFECTIVE March 19—April 30